

CARDIA III
ANTHROPOMETRY
Version 2__ / __ / __
exam date

- C20HGT 1. __ __ __ . __ cm Height (to the nearest 0.5 cm)
- C20WGT 2. __ __ __ . __ pounds Weight (to the nearest 0.5 pound)
(RECORD HEIGHT AND WEIGHT ON ECHO WORKSHEET)
3. Skinfolts (to the nearest mm)
- a. 1 C20TRI1 mm 2 C20TRI2 mm Triceps
- b. 1 C20SUB1 mm 2 C20SUB2 mm Subscapular
- c. 1 C20SUP1 mm 2 C20SUP2 mm Suprailiac
4. Girths (to the nearest 0.5 cm)
- C20CHES1a. __ __ __ . __ cm Chest
- C20WST1 b. __ __ __ . __ cm Waist
- C20HIPS1c. __ __ __ . __ cm Hip
- C20PROT 5. Modification in protocol measurement technique.
- 1 ☐ Yes, too tall
- 2 ☐ Yes, too obese
- 3 ☐ Other - Specify: _____
- 4 ☐ No modification

(OVER)

C20CONTA 6. Are you wearing contact lenses?

1 ☐ No (GO TO QUESTION 7)

2 ☐ Yes →

6a. Are they tinted contact lenses? C20TINT

1 ☐ No (GO TO QUESTION 7)

2 ☐ Yes IF YES, "Could you tell me what
color your eyes are?"
(RECORD RESPONSE IN QUESTION 7)

7. Eye Color (COMPARE TO COLOR CHART. RECORD COLOR FOR EACH EYE.)

Participant's
Right Eye
C20EYER

1 ☐ Brown

2 ☐ Hazel

3 ☐ Green

4 ☐ Grey

5 ☐ Blue

6 ☐ Other

7 ☐ Missing

Participant's
Left Eye
C20EYEL

1 ☐ Brown

2 ☐ Hazel

3 ☐ Green

4 ☐ Grey

5 ☐ Blue

6 ☐ Other

7 ☐ Missing

C20IVID

INTERVIEWER ID