



### Telephone Interview Part I: Selection and Monitoring

To be completed on all eligibles selected. Summary information is to be completed when available (from enumeration, selection and Part II, Recruitment Interview)

A01LID 1. Local ID \_\_\_\_\_

A01ACROS 2. \_\_\_\_\_  
1st 3 letters of last name / 1st 2 letters of first name

A01SELDT 3. Date of selection \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Mo. Day Yr.

A01SIVID 4. Selection Interviewer ID \_\_\_\_\_

A01SEX 5. Sex of selected person

1  Male

2  Female

A01AGE1 6. Age of selected person.

\_\_\_\_\_ years old

A01RACE1 7. Race:

3  Hispanic

4  Black, not Hispanic

5  White, not Hispanic

6  American Indian or Alaskan native

7  Asian or Pacific Islander

8  Don't Know

9  No Answer

A01ED1 8. Education:

**Elementary**

**Jr. High**

**High School**

1

7

9

2

8

10

3

11

4

12

5

6

**College**

**Graduate School**

**No Answer**

13

17

99

14

18

15

19

16

20+

A01ELAGE 9. Number of age eligibles in household \_\_\_\_\_.

**OAKLAND SKIP 10 & 11:**

A01KISH 10. Kish table used \_\_\_\_\_.

A01SLINE 11. Selection line number \_\_\_\_\_.

A01AGSX 12. Age and sex of other age eligibles in the household.

**age**

**Sex**

_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female
_____	1 <input type="checkbox"/> male	2 <input type="checkbox"/> female

A01FSTAT 13. Final status \_\_\_\_\_.

A01COMDT 14. Date completed \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_.  
Mo. Day Yr.

A01COMTM 15. Time completed \_\_\_\_\_ : \_\_\_\_\_.

A01CIVID 16. Completion Interviewer Id. \_\_\_\_\_  
(conducted and completed part II of telephone interview)

Affix Label

## Telephone Interview Part II: Recruitment Interview

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### Core Questions

Now I would like to ask you some questions about your health.

- A01HELTH 1. Would you say your health, in general, is excellent, good, fair, or poor. (CHECK ONE.)
- 3  Excellent
  - 4  Good
  - 5  Fair
  - 6  Poor
  - 8  Don't Know
  - 9  No Answer

- A01PEXAM 2. Some people get a general physical examination once in a while even though they are feeling well and have not been sick. When was the last time you had a general physical examination when you were not sick? (USE LIST TO PROBE, IF NECESSARY.)
- 3  Less than one year (Less than 12 months)
  - 4  1-2 years (12 months up to 24 months)
  - 5  2-4 years (24 months up to 5 years)
  - 6  5 or more years
  - 7  Never
  - 8  Don't Know
  - 9  No Answer

(IF RESPONDENT REQUESTS CLARIFICATION SAY: A general physical examination refers to the contact between a doctor and a patient in which the following are usually done — blood pressure taken, weight recorded, stethoscope used, throat examined, and blood tests made.)

- A01BPCHK 3. How long has it been since you last had your blood pressure checked?
- 3  Less than one year (Less than 12 months)
  - 4  1-2 years (12 months up to 24 months)
  - 5  2-4 years (24 months up to 5 years)
  - 6  5 or more years
  - 7  Never
  - 8  Don't Know
  - 9  No Answer

A01SM100 4. Have you smoked at least 100 cigarettes during your entire lifetime?

1  No 2  Yes

IF NO, GO TO 8

A01SMNOW 5. Do you smoke cigarettes now?

1  No 2  Yes

IF NO, GO TO 7

A01SMNUM 6a. On the average, how many a day do you smoke?

\_\_\_\_\_ cigarettes a day

A01TQUIT b. Have you tried to quit smoking in the past two years?

1  No 2  Yes

IF NO, GO TO 8.

A01WQUIT 7. When did you quit smoking?

- 3  Within the last 3 months
- 4  More than 3 months ago but less than one year ago
- 5  One year ago or more
- 8  Don't Know
- 9  No Answer

Now I have just a few questions about you?

A01BIRDT \*8. When were you born?

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ age \_\_\_\_\_ A01AGE2  
 Mo. Day Yr.

\*If interviewee has verified this information, interviewer need not repeat these starred questions. however, the responses should be recorded here.

A01RACE2 \*9. Which one of the following categories best describes your race or ethnic identity? (READ CHOICES AND CHECK ONLY ONE)

- 3  Hispanic
- 4  Black, not Hispanic
- 5  White, not Hispanic
- 6  American Indian or Alaskan native
- 7  Asian or Pacific Islander
- 8  Don't Know
- 9  No Answer

A01MRAGE 10. Are you currently married, living with someone in a marriage-like relationship, separated, divorced, or have you never been married?

- 1  Married
- 2  Living with someone in a marriage-like relationship
- 3  Separated
- 4  Divorced
- 5  Widowed
- 6  Never married
- 9  No Answer

A01ED2 \*11. What is the highest grade (or year) of regular school you have completed? (CHECK ONLY ONE)

**Elementary**

- 1
- 2
- 3
- 4
- 5
- 6

**Jr. High**

- 7
- 8

**High School**

- 9
- 10
- 11
- 12

**College**

- 13
- 14
- 15
- 16

**Graduate School**

- 17
- 18
- 19
- 20+

**No Answer**

- 99

\*If interviewee has verified this information, interviewer need not repeat these starred questions, however, the responses should be recorded here.

A01WRKST 12. Last week, were you working full time, part time, going to school, keeping house, or what? Please pick the one which describes your main activity even if you do more than one of these. (CHECK ONE ONLY. LOWEST NUMBER APPLIES)

- 1  Working full time
- 2  Working part time
- 3  With a job but not at work today because of temporary illness, vacation, strike
- 4  Unemployed, laid off, looking for work
- 5  In school
- 6  Keeping house
- 7  Other (Specify) \_\_\_\_\_
- 9  No Answer

A01CHKPT **Interviewer Checkpoint:** Is the patient age, race, sex and education eligible?

- 1  Yes → Continue Interview
- 2  No → Terminate Interview — Complete Part I

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**Guidelines for Description of CARDIA**

- 1 CARDIA is a major study of the health and lifestyle of 18–30 year olds.
- 2 The results will provide you with valuable information about your health and will also benefit the community-at-large.
- 3 We are looking for eligible young adults to volunteer to participate in the study.
- 4 Only 5,000 young adults nationwide from four cities will be able to participate in the study.
- 5 Those young adults who do participate will be given two specially designed four hour examinations, the first one soon, and the second in two years.
- 6 If you wish, we will send you a copy of your test results. We will also send the results to the physician of your choice should you wish.

**Exclusion Questions**

**READ:**

The CARDIA exams include an exercise test which requires walking fast for several minutes on a treadmill, measuring blood pressure and lung capacity, taking a blood sample to test for cholesterol (fats in the blood — clarify if necessary), being interviewed about how you deal with stress and other aspects of your daily life, and filling out some questionnaires about your health history, eating, drinking and smoking habits. During the exercise test you will be asked to give your best effort. An ECG will be taken before, during and after the test. Also, it involves coming in, in the morning after having not eaten for 12 hours.

- A01ILL 1. Have you had a serious illness, a recent operation, or a major physical disability that would prevent you from taking the CARDIA examination?
- 1  No    2  Yes

A01ILTXT (Go to checkpoint)

A01RESON

2. What is it? *RECORD VERBATIM* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

3. Which part of the CARDIA exam will keep you from taking it? *RECORD VERBATIM* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Check **ALL** that apply:

A  Walking fast for several minutes  
 B  Being interviewed  
 C  Having blood taken  
 D  Filling out questionnaires  
 E  Cannot fast  
 F  Other (*Specify*) \_\_\_\_\_  
 G  None **READ:** At present, it seems as though your condition will not prevent you from taking any part of the examination. **GO TO CHECKPOINT.**

**READ:** I will consult with one of our CARDIA physicians about this. If you can be part of the study, someone will call you back. **TERMINATE INTERVIEW AND REFER TO CLINIC PHYSICIAN REVIEW.**

**CHECKPOINT:** If Male and still eligible, **GO TO INVITATION!**  
 If Female and still eligible, **GO TO PREGNANCY QUESTIONS 4-7.**



**Standard Recruitment Invitation**

**SAY:** We would like to invite you to volunteer for CARDIA. If you like, I can make the appointment now.

A01APMNT

- 1  Not Interested      2  Make an appointment      3  Interested, not ready to make an appointment now.

(Go to bottom of page)

COMMENT \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Schedule appointment. Tell respondent where exam will be given. Verify address, and telephone numbers.**

**Date** A01APTDT

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Mo.      Day      Yr.

**Time** A01APTMT

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Hr.      Min.

**Obtain contact information.**

Is there another telephone number you could give us where we could reach you? Specifically, we intend to contact you the day before the exam to remind you of your appointment.

**Name:** (Optional)

\_\_\_\_\_

**Telephone:** (Home) \_\_\_\_\_

(Work) \_\_\_\_\_

- No other number given, indicate that we will give them some pre-exam instructions shortly before the exam. (If exam is scheduled for next day, read pre-exam instructions and ask subject to write them down.) **TERMINATE INTERVIEW.**

**Record response verbatim.**

Why have you decided not to participate?

\_\_\_\_\_

Is there anything we can do to make it possible for you to participate in the CARDIA exam?

- 1  No      2  Yes → What is it? **Record response verbatim.**

\_\_\_\_\_

Comment \_\_\_\_\_ **TERMINATE INTERVIEW.**

A01NOWAY

A01CANDO

A01ISTAT